

With partnership

LET'S WALK TO SCHOOL

WALKING MAP



This map has been produced in partnership with Living Streets, the UK charity for everyday walking. Living Streets wants a nation where walking is the natural choice for local, everyday journeys.

To find out more about Living Streets' Walk to School campaign visit: livingstreets.org.uk/walk-to-school



Living Streets (The Pedestrians' Association) is a Registered Charity No. 1108448 (England and Wales) and SC039808 (Scotland), Company Limited by Guarantee (England & Wales), Company Registration No. 5368409. Registered office 2 America Square, London EC3N 2LU

WALKING ZONES

5-minute zone (red circle)

Within the 5-minute walking zone, you can find local shops, like Tesco's, One Stop and various places to eat. There are small businesses around Yewtree Primary School which you can visit on your walk to school and back. There is a nice park, Keens Field, which has the Nicky Line right next to it. You can use this route (which is a car free zone) to get to school.

10-minute zone (blue circle)

Within a ten-minute walk from the school, you have multiple parks you can play at and walk to or from. You can go to these parks after school or before, they are big open spaces. These parks could be a good place to park and stride to/from (as well as biking and scooting to/from school) There are also plenty of smaller streets within the ten minute walking zone where you can park and stride from.

It's really easy to travel actively to and from both zones so please try it for yourself.



HEALTHIER

BEST FOOT FORWARD

Children should be getting at least 60 minutes of moderate exercise every day to develop movement skills, muscles and bones. Walking, cycling and scooting all count and what better time to get a few minutes of extra activity than on the way to school?

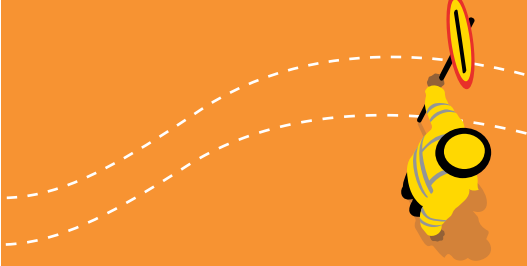
In addition to switching their brains on ready for the day's learning, children who walk to school will also benefit from being more closely connected to their communities and nature.



BE PART OF THE WALKING REVOLUTION

WOW – the year-round walk to school challenge encourages pupils all over the UK to walk, cycle, scoot or Park and Stride to school. Every year, hundreds of thousands of pupils take part. Those who travel actively and sustainably to school at least once a week for a month are awarded a WOW badge.

By taking part in WOW, you'll be helping to reduce congestion and improve air quality around the school gates, while your child enjoys the many benefits the simple act of walking brings.



YOUR SCHOOL

At Yewtree Primary School we are encouraged to be active every day. We take part in the Living Streets WOW project, and we try to earn badges for walking. There are different badges every month.

Our school has a bike/scooter shed for people to use instead of always coming by car.



We have multiple sports clubs like, football and multi sports and many more. Most of the clubs are suitable for all the years, from Reception to Year 6.

We try to get people to be active and live a healthy lifestyle and travelling actively to and from school can achieve this.

...AND BREATHE

Did you know that in the UK, the school run alone is responsible for generating half a million tonnes of harmful carbon dioxide a year (more than some small countries)?

We can all make changes to reduce the impact we have on climate change. For example, avoid using the car for short journeys that can be easily walked, like the journey to school.

When you do have to drive, remember to switch your engine off whilst stationary. Idling engines can create up to 150 balloons worth of toxic exhaust emissions every minute.



LOOK RIGHT, LOOK LEFT

The walk to school is a perfect opportunity for your children to practise their road safety skills and help them build their confidence by learning how to manage risk.

If you live too far to walk the whole journey, why not try Park and Stride? Find somewhere suitable to park at least a 10-minute walk away from school and complete your journey on foot. If you take public transport, hop off a couple of stops earlier and walk the rest of the way.

FEWER CARS. SAFER STREETS.



LIVING STREETS

Living streets is working with our school to encourage pupils to actively travel to/from school. The first thing we did together was assessing the local area for barriers for walking/travelling and how we can get past those.

Our school also takes part in WOW where pupils are rewarded if they travel to school by foot with a badge that has a unique design on it. We are also working with Living Streets to provide maps for the school and are doing workshops to help too.

This leaflet has been created and written by pupils of Yewtree Primary School in collaboration with Living Streets as part of the School Walk Project 2021/22.



400m (5min walk)
800m (10min walk)
Bus Stop
Picnic Spot
Green Space

