



"Choosing to learn. Growing Success"

Yewtree Primary School  
Fletcher Way  
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Dear parents/carers,

At Yewtree Primary School, we want to make sure our pupils with allergies feel safe at school, so, we are encouraging everyone in our school community to become allergen aware.

Anaphylaxis is a severe allergic reaction that is potentially life-threatening. The most common causes of anaphylaxis in schools are allergies to food and insects (bees).

### **Why is this important?**

At our school we have pupils and adults with a range of allergies including nuts, peas, tomatoes and dairy.

These pupils are at risk of serious harm if they have an allergic reaction, so we ask that everyone does what they can to help us keep them safe. According to the charity Allergy UK, 2-5% of children in the UK live with a food allergy and 20% of severe allergic reactions to food happen whilst a child is at school.

We have therefore decided as a school not to accept any birthday/celebration sweets, cake or treats as it is becoming increasingly hard to verify every ingredient, and we do not want to inadvertently put any child at risk. This practice is also becoming increasingly expensive, a cost many families find difficult to manage.

### **What are we doing?**

- Ensuring that every adult within school has allergy and anaphylaxis training
- Assemblies/PSHE lessons about allergies, teaching students that we all have different needs, and how pupils can get help if they are concerned for a peer that may be showing allergy symptoms.
- Robust procedures and risk assessments in place for any food technology lessons.
- Encouraging children not to share any food in the dining halls or in their packed lunchboxes.
- Developing an allergy policy with a designated allergy lead.
- Emergency allergy response kit with inhaler and epi-pen.



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### How can you help?

- Let us know if your child has an allergy.
- Talk to your child about allergies and the importance of not sharing food with their friends
- If your child has a packed lunch, label your child's water bottle and lunch box with their name, to avoid any confusion.
- Do not send in food with NUTS for your child's packed lunch, this includes chocolate spread.
- Do not send in any birthday/celebration treats.
- If your child invites a friend over, ask them if they have an allergy, and contact their parents to discuss what their needs are. Try your best to exclude the allergen, not the child.

To find out more about allergies please visit <https://www.allergyuk.org/>

Thank you for your continued support, together, we can create an environment where every child feels safe, supported, and empowered to thrive on their educational journey.

Yours sincerely

Mrs K. Yilmaz

Headteacher



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